

**RELEASE AND WAIVER OF LIABILITY
ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT**

TO: _____ (“the Sponsor”)

RE: The event and its varied activities including, but not limited to, strenuous physical activities that may involve yoga, obstacles and/or heights, eating, hiking, and walking (“the Activities”)

READ THIS AGREEMENT CAREFULLY BEFORE SIGNING IT. YOUR SIGNATURE INDICATES THAT YOU UNDERSTAND IT AND AGREE ON ITS TERMS. BY SIGNING THIS AGREEMENT, YOU ARE GIVING UP CERTAIN LEGAL RIGHTS INCLUDING THE RIGHT TO SUE OR RECOVER DAMAGES IN CASE OF INJURY OR PROPERTY DAMAGE FOR ANY REASON INCLUDING BUT NOT LIMITED THE NEGLIGENCE OF THE SPONSOR, ITS OWNERS, EMPLOYEES, AGENTS, AND EVENT VENUE.

In consideration of being permitted to participate in the Activities, the undersigned, on behalf of myself and my heirs, executors, administrators and assigns, hereby acknowledges and agrees to:

1. Release and forever discharge the Sponsor and its employees, officers, directors, shareholders affiliates, agents, representatives, successors and assigns (“the Releasees”) of and from all claims, demands, damages, costs, expenses, actions and causes of action (collectively the “Claims”) in respect of injury, disability, death, loss or damage to myself or property howsoever caused, arising or to arise by reason of or during my participation and/or involvement in the Activities, and notwithstanding that any Claims may have been contributed to or occasioned by the negligence of any of the Releasees, to the fullest extent permitted by law.
2. Knowingly and freely assume all risks associated with the Activities and assume full responsibility for my participation, acknowledging that the Activities may be inherently dangerous and involve risks that may cause serious injury and, in some cases, death.
3. Release, indemnify and hold harmless the Releasees from and against any and all liability incurred by any or all of them arising as a result of or in any way connected to my participation in the Activities.
4. Notify the Sponsor or employees if the undersigned suffers from any medical or health condition that may cause injury to myself, others, or may require emergency care during my participation.
5. Agree that the foregoing release and waiver of liability, assumption or risk, and indemnity agreement is governed by the State of Utah (PARTICIPATE AT YOUR OWN RISK) and is intended to be as broad and inclusive as is permitted by Utah Law and that, in the event that any provision of this Release and Indemnity is held to be invalid or unenforceable by any court of competent jurisdiction, the invalidity or unenforceability of such provision will not affect the remaining provisions of this Release and Indemnity which shall continue to be valid and enforceable.

I, THE UNDERSIGNED, HEREBY ACKNOWLEDGE READING, UNDERSTANDING, AND AGREEING WITH THE FOREGOING WITHOUT ANY INDUCEMENT.

Signature of Participant: _____ Date: _____

Name of Participant: _____